

# Breakfast Menu K-12



May 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 Coffee Cake	27 Pineapple Empanada	28 Cereal Variety Whole Grain Granola	29 Pan Dulce	30 Chicken & Waffle Syrup	1	2
3 Yogurt Parfait w/ Berries Granola	4 Apple Cinnamon Muffin Flat	5 Cereal Variety Whole Grain Granola	6 Mini Wowbutter Sandwich	7 Mini French Toast Bites	8	9
10 Mantecada Sweet Bread	11 Pancake & Chicken Sausage	12 Cereal Variety Whole Grain Bites	13 <b>new</b> Whole Grain Bagel w/ Cream Cheese	14 Waffle Bites	15	16
17 Cranberry Oatmeal Round	18 Confetti Pancakes	19 Cereal Variety Whole Grain Bites	20 Pan Dulce	21 <b>new</b> Egg & Cheese Sandwich	22	23
24 Coffee Cake	25 <b>new</b> Cinnamon Delight	26 Cereal Variety Whole Grain Granola	27 Strawberry Muffin	28 Cheese Breakfast Tamale	29	30
31 Yogurt Parfait w/ Strawberries Granola	1 Apple Cinnamon Muffin Flat	2 Cereal Variety Whole Grain Granola	3 Mini Wowbutter Sandwich	4 Mini French Toast Bites	5	6

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

This institution is an equal opportunity provider.

**All grain items offered are Whole Grain Rich.**

*All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.*

# Lunch Menu K-8



May 2021

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 6	MEAL 7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 Turkey Chili w/ Beans Corn Muffin (2G)	27 Chicken Nuggets Peas & Carrots	28 Cheeseburger Oven Baked Fries Ketchup	29 Chicken Alfredo w/ Broccoli	30 Chicken Enchiladas w/ Green Salsa	1	2
3 Hot Dog Oven Baked Fries Ketchup	4 Chicken Teriyaki Noodles & Broccoli	5 Chicken Parmesan Pasta w/ Marinara Sauce	6 Beef Burrito Bowl w/ Beans & Corn	7 Grilled Cheese Sandwich Baby Carrots	8	9
10 <b>new</b> Country "Fried" Steak w/ Mashed Potatoes & Gravy Dinner Roll	11 Grilled Chicken Sandwich Oven Baked Fries Ketchup	12 Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert	13 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges Syrup	14 Mac & Cheese Side of Steamed Broccoli	15	16
17 Hamburger Oven Baked Fries Ketchup	18 Bean & Cheese Pupusa Refried Beans	19 Sweet & Sour Chicken Brown Rice & Broccoli	20 Chicken Ramen Soup w/ Noodles & Vegetables	21 Bean & Cheese Burrito Salsa Cup	22	23
24 Aloha Chicken Burger <b>*Contains Pork*</b> Oven Baked Fries Ketchup	25 Beef & Bean Nachos Tortilla Chips	26 Baked Ziti w/ Meat Sauce	27 Chicken Tamale Mixed Vegetables	28 Chicken Alfredo w/ Broccoli	29	30
31 Beef Chili w/ Beans Baked Chips	1 Chicken Nuggets Steamed Broccoli	2 Cheeseburger Oven Baked Fries Ketchup	3 Chicken Parmesan Pasta w/ Marinara Sauce	4 Chicken Enchiladas w/ Green Salsa	5	6

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